

FRESH FRUIT & VEGETABLES

SALAD

Fresh Tomatoes	.21
Cucumber	.21
Celery	.21
Radishes	.21
Spring Onion	.21
Fresh Lettuce	.22
Fresh Herbs & Spices	.22-23
Micro Herbs	.22-23

VEGETABLES

Fresh Onions	.24
Fresh Mushrooms	.24
Fresh Cabbage	.24
Fresh Potatoes	.25
Root Vegetables	.25

Stem And Floral	.26
Baby Veg	.26
Peppers And Chillies	.27
Other Vegetables	.27


PREPARED PRODUCE

Carrots	.28
Swede	.28
Parsnip	.28
Sprouts	.28
Leeks	.28
Vegetables	.28
Onions	.28
Cabbage	.28
Potatoes	.29
Chips	.29

FRUIT

Fresh Apples	.30
Fresh Pears	.30
Pineapples	.30
Rhubarb	.30
Fresh Soft Fruits	.30
Fresh Fruits Other	.31
Fresh Melons	.31
Fresh Citrus Fruits	.31

SYMBOL QUICK KEY

 Special Order Only.

✓ Split available.



SALAD

		Case size	Unit	Split
FRESH TOMATOES				
FFV030	Tomatoes	1	6kg	
FFV031	Tomatoes	1	Per Kg	
FFV034	Beef	1	7kg	
FFV036	Beef	1	Per Kg	
FFV032	Cherry	9	250g	✓
A FFV028	Yellow Cherry Tomatoes	9	250g	✓
FFV040	Cherry Vine	1	3kg	
C FFV041	Cherry Vine	1	Per Kg	
FFV038	Plum Vine	1	5kg	
FFV039	Plum Vine	1	Per Kg	
D FFV045	Heritage Tomatoes	1	3kg	



A FFV028 Yellow Cherry Tomatoes

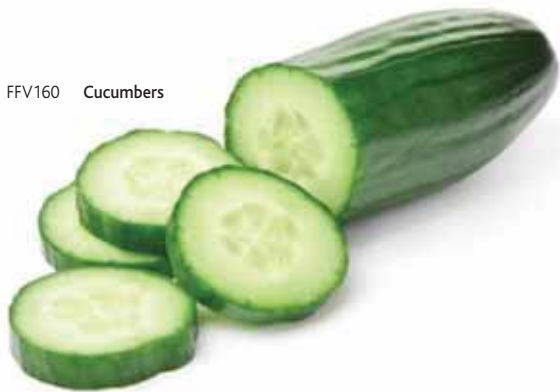


B FFV163 Celery



C FFV041 Cherry Vine

E FFV160 Cucumbers



Case size Unit Split

CUCUMBER

E FFV160	Cucumbers	12	Each	✓
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CELERY

B FFV163	Celery	12	Each	✓
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RADISHES

FFV204	Radishes (12s)	20	Bags	✓
FFV221	Radishes	1	Bunches	✓

SPRING ONION

FFV147	Spring	12	Bunch	✓
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D FFV045 Heritage Tomatoes



FRESH FRUIT & VEGETABLES

FRESH FRUIT
& VEGETABLES

BUTCHERY

CHILLED

FROZEN

AMBIENT

NON-FOOD

FRESH LETTUCE

		Case size	Unit	Split
	FFV107	Baby Spinach	10	200g ✓
	FFV111	Chinese Leaf	8	Each ✓
	FFV098	Endive	10	Each ✓
	FFV091	Iceberg	12	Each ✓
	FFV100	Lettuce Cos	8	Each ✓
V	FFV094	Lollo Rosso	12	Each ✓
	FFV114	Red Chard	1	500g
A	FFV096	Oakleaf	12	Each ✓
B	FFV099	Radicchio	9	Each ✓
	FFV103	Rocket Leaves	1	500g
	FFV116	Little Gems	1	2 Pack
	FFV118	Lettuce (Lambs) (Flat)	1	150g
	FFV112	Lettuce Mixed Leaves	1	500gm
W	FFV220	Flat Lettuce	20	Each ✓
	FFV113	Lollo Biondi	12	Each ✓
	FFV200	Cress	12	Each ✓
	FFV090	Chicory	1	5kg
	FFV023	Crunchy Salad	1	500g

FRESH HERBS & SPICES

		Case size	Unit	Split
C	FFV263	Basil	1	100g
	FFV277	Basil Large Bag	1	500g
	FFV271	Chives	1	100g
D	FFV264	Coriander	1	100g
E	FFV272	Dill	1	100g
	FFV269	Garlic String	1	1kg
	FFV274	Garlic Single Bulb	1	Each
	FFV270	Ginger	1	Per Kg
	FFV268	Lemongrass	1	100g
F	FFV265	Mint	1	100g
	FFV260	Parsley Curly	10	Bunch ✓



A FFV096 Oakleaf



B FFV099 Radicchio



V FFV094 Lollo Rosso



W FFV220 Flat Lettuce

		Case size	Unit	Split
G	FFV267	Rosemary	1	100g
H	FFV261	Parsley Flat	1	100g
	FFV262	Coriander	1	Bunch
	FFV273	Tarragon	1	100g
I	FFV266	Thyme	1	100g
J	FFV280	Sage	1	100g
K	FFV281	Oregano	1	100g
	FFV323	Samphir	1	Per Kg
	FFV256	Sorrel	1	100g
	FFV276	Chervil	1	100g
	FFV283	Pea Shoots	16	Pack ✓
	FFV135	Peeled Garlic	1	1kg

MICRO HERBS

MICRO HERBS

All variants under FFV286

		Case size	Unit	Split
	Borage	12	30g	✓
	Broccoli	12	30g	✓
L	Celery	12	30g	✓
	Coriander	12	30g	✓
M	Garlic Chives	12	30g	✓
	Golden Shoots	12	30g	✓
	Greek Cress	12	30g	✓
N	Green Basil	12	30g	✓
	Green Mustard	12	30g	✓
	Green Sorrel	12	30g	✓
	Lemon Balm	12	30g	✓
	Mizuna	12	30g	✓
O	Oriental Mix	12	30g	✓
	Parsley	12	30g	✓
	Peashoots (Punnets)	12	30g	✓
	Tendrils Peas	12	30g	✓
	Pink Stem Radish	12	30g	✓
P	Red Amaranth	12	30g	✓
	Red Basil	12	30g	✓
	Red Radish	12	30g	✓
Q	Red Pak Choi	12	30g	✓
	Rocket	12	30g	✓
	Ruby/Red Chard	12	30g	✓
	Salad Fennel	12	30g	✓
R	Salad Mix	12	30g	✓
	Red Vein Sorrel	12	30g	✓
S	Thai Basil	12	30g	✓
T	Baby Watercress	12	30g	✓
	Micro Watercress	12	30g	✓
	Dill	12	30g	✓
	Chervil	12	30g	✓
	Oregano	12	30g	✓
	Sage	12	30g	✓
	Tarragon	12	30g	✓
	Thyme	12	30g	✓
	Edible Flowers	12	30g	✓

FRESH HERBS & SPICES



MICRO HERBS



VEGETABLES



A FFV322 Cabbage Savoy

B FFV235 Curly Kale

Case size Unit Split

FRESH CABBAGE

FFV241	Dutch White	8	Each	✓
FFV252	Red	6	Each	✓
FFV251	Summer	12	Each	✓
A FFV322	Cabbage Savoy	12	Each	✓
B FFV235	Curly Kale	1	3kg	
FFV216	Pak Choi	1	Per Kg	
FFV213	Pak Choi	1	2kg	



C FFV141 Red



D FFV150 Shallot Banana

FRESH ONIONS

		Case size	Unit	Split
FFV142	Cooking	1	10kg	
FFV144	Cooking	1	Per Kg	
FFV140	Red	1	10kg	
C FFV141	Red	1	Per Kg	
FFV145	Spanish	1	20kg	
FFV146	Spanish	1	Per Kg	
FFV147	Spring	12	Bunch	✓
FFV149	Shallot Banana	1	4kg	
D FFV150	Shallot Banana	1	Per Kg	
FFV151	Shallot	1	4kg	
FFV152	Shallot	1	Per Kg	

E FFV065 Cups



FRESH MUSHROOMS

		Case size	Unit	Split
FFV063	Cups	1	2.27kg	
E FFV065	Cups	1	Per Kg	
FFV066	Flats	1	1.85kg	
H FFV067	Flats	1	Per Kg	
FFV071	Mixed Wild	2	500g	
FFV068	Portabella	1	1.5kg	
FFV069	Chestnut	1	3kg	
F FFV070	Chestnut	1	Per Kg	
G FFV074	Oyster	1	1.5kg	



F FFV070 Chestnut



H FFV067 Flats

G FFV074 Oyster



FRESH FRUIT & VEGETABLES

FRESH POTATOES

		Case size	Unit	Split	
	FFV001	Jackets 40s	1	15kg	
	FFV002	Jackets 50s	1	15kg	
	FFV003	Jackets 60s	1	15kg	
	FFV007	Jumbo	1	25kg	
L	FFV005	Mids Washed	1	10kg	
	FFV008	Old	1	25kg	
	FFV010	Sweet	1	6kg	
M	FFV011	Sweet	1	Per Kg	
	FFV013	New Potatoes	1	25kg	

ROOT VEGETABLES

		Case size	Unit	Split	
	FFV176	Carrots	1	10kg	
I	FFV177	Carrots	1	Per Kg	
	FFV230	Bunched Carrots	1	Bunch	
	FFV207	Mooli (Raddish Family)	1	Each	
	FFV278	Cooked Baby Beetroot	18	250g	✓
	FFV212	Celeriac	6	Each	✓
	FFV192	Parsnips	1	10kg	
J	FFV193	Parsnips	1	Per Kg	
	FFV194	Swede	1	12.5kg	
	FFV195	Swede	1	Per Kg	
N	FFV191	Beetroot	1	Per Kg	
K	FFV214	Artichokes Jerusalem	1	5kg	



I FFV177 Carrots



J FFV193 Parsnips



K FFV214 Artichokes Jerusalem



L FFV005 Mids Washed



M FFV011 Sweet Potatoes



N FFV191 Beetroot



FFV008 Old Potatoes

FRESH FRUIT & VEGETABLES

STEM AND FLORAL

		Case size	Unit	Split	
A	FFV169	Cauliflower	8	Each	✓
	FFV179	Broccoli	1	6kg	
B	FFV181	Broccoli	1	Per Kg	
	FFV201	Asparagus Bunch	1	Each	
C	FFV279	Fennel Bulb	1	Each	
	FFV237	Tenderstem Broccoli	4	500g	✓
D	FFV236	Purple Sprouting Broccoli	1	5kg	
E	FFV021	Romanesk Cauliflower	8	1	

BABY VEG

		Case size	Unit	Split	
	FFV132	Baby Courgette	1	250g	
F	FFV133	Baby Fennel	6	250g	✓
G	FFV210	Baby Carrots	6	200g	✓
	FFV211	Baby Leeks	6	200g	✓
	FFV225	Baby Turnips	4	380g	✓
H	FFV209	Mini Baby Beetroot	4	380g	✓



D FFV236 Purple Sprouting Broccoli



E FFV021 Romanesk Cauliflower



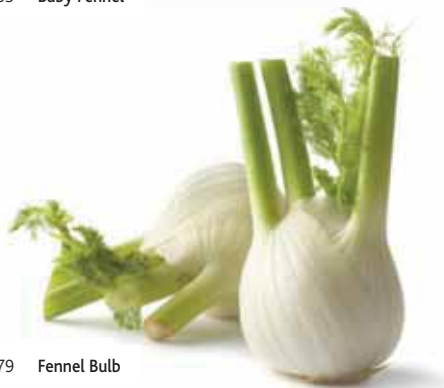
A FFV169 Cauliflower



F FFV133 Baby Fennel



B FFV181 Broccoli



C FFV279 Fennel Bulb



G FFV210 Baby Carrots



H FFV209 Mini Baby Beetroot

BUTCHERY

CHILLED

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NON-FOOD

FRESH FRUIT & VEGETABLES

		Case size	Unit	Split
PEPPERS				
	FFV126	Green	1	5kg
	FFV127	Green	1	Per Kg
A	FFV120	Mixed	1	5kg
	FFV121	Mixed	1	Per Kg
	FFV122	Red	1	5kg
B	FFV123	Red	1	Per Kg
	FFV124	Yellow	1	5kg
	FFV125	Yellow	1	Per Kg

		Case size	Unit	Split
CHILLIES				
	FFV275	Birds Eye Chillies	1	60g
C	FFV128	Chillies Red	1	Per Kg
	FFV129	Chillies Green	1	Per Kg



D FFV188 Aubergine



E FFV173 Leeks



A FFV120 Mixed Peppers



F FFV206 Butternut Squash



B FFV123 Red Peppers



C FFV128 Chillies Red

OTHER VEGETABLES

		Case size	Unit	Split
	FFV187	Aubergine	1	5kg
D	FFV188	Aubergine	1	Per Kg
	FFV165	Courgettes	1	5kg
	FFV167	Courgettes	1	Per Kg
	FFV182	Fine Beans	1	1.5kg
	FFV183	Top and Tailed Fine Beans	1	1.5kg
	FFV170	Leeks	1	4.5kg
E	FFV173	Leeks	1	Per Kg
	FFV184	Mange Tout	1	1.8kg
	FFV203	Baby Corn	12	80g ✓
	FFV205	Beansprouts	6	250g ✓
F	FFV206	Butternut Squash	10	each ✓
	FFV185	Peas Sugar Snap	1	1.5kg
	FFV218	Yellow Courgettes	1	5kg
	FFV052	Pumpkin	1	Each

PREPARED PRODUCE

		Case size	Unit	Split
CARROTS				
	FFP012	Baton	1	5kg
A	FFP053	Baton	1	Per Kg
	FFP013	Diced	1	5kg
	FFP014	Grated	1	5kg
	FFP080	Grated	1	Per Kg
	FFP015	Sliced	1	5kg
	FFP054	Sliced	1	Per Kg
	FFP016	Whole	1	5kg
	FFP096	Prep Carrots Angle	1	5kg

SWEDE				
	FFP021	Diced	1	5kg
	FFP061	Diced	1	Per Kg
	FFP022	Whole	1	5kg
	FFP062	Whole	1	Per Kg

PARSNIP				
	FFP023	Baton	1	5kg
	FFP063	Baton	1	Per Kg
	FFP026	Whole	1	5kg
	FFP066	Whole	1	Per Kg

SPROUTS				
	FFP027	Sprouts	1	5kg
	FFP067	Sprouts	1	Per Kg
	FFP105	Sprouts Button	1	Per Kg

LEEKS				
	FFP029	Sliced	1	5kg
C	FFP069	Sliced	1	Per Kg
	FFP030	Whole	1	5kg
	FFP070	Prep Leeks Whole	1	Per Kg

VEGETABLES				
	FFP037	Broccoli Florets	1	5kg
	FFP036	Cauliflorets	1	5kg
	FFP047	Chunky Veg	1	5kg
	FFP046	Coleslaw Dry	1	5kg
	FFP072	Coleslaw Dry	1	Per Kg
	FFP040	Mushrooms Sliced	1	5kg
	FFP041	Peppers Mixed	1	5kg
	FFP045	Ratatouille	1	5kg
	FFP043	Soup Mix	1	5kg
	FFP073	Soup Mix	1	Per Kg
	FFP044	Stir Fry	1	5kg
	FFP075	Stir Fry	1	Per Kg

ONIONS

		Case size	Unit	Split
	FFP031	Diced	1	5kg
	FFP071	Diced	1	Per Kg
B	FFP034	Red Sliced	1	5kg
	FFP055	Red Sliced	1	Per Kg
	FFP035	Red Whole	1	5kg
	FFP032	Sliced	1	5kg
	FFP056	Sliced	1	Per Kg
	FFP033	Whole	1	5kg



A FFP053 Baton Carrots

		Case size	Unit	Split
CABBAGE				
	FFP057	Green Sliced	1	Per Kg
	FFP019	Red Sliced	1	5kg
	FFP058	Red Sliced	1	Per Kg
	FFP018	White Grated	1	5kg
	FFP059	White Grated	1	Per Kg



B FFP032 Sliced Red Onion



C FFP069 Sliced Leeks

POTATOES

		Case size	Unit	Split
FFP002	1/4 Cut	1	10kg	
FFP001	1/4 Cut	1	5kg	
FFP049	1/4 Cut	1	Per Kg	
FFP009	Diced 3cm	1	5kg	
FFP010	Diced 8cm	1	5kg	
FFP005	Sliced	1	5kg	
D FFP051	Sliced	1	Per Kg	
FFP011	Sweet Diced	1	5kg	
FFP008	Whole	1	10kg	
FFP007	Whole	1	5kg	
E FFP052	Whole	1	Per Kg	
FFP076	Mid Potatoes	1	5kg	
FFP077	Mid Potatoes	1	Per Kg	
FFP095	Prep Potatoes Parisiene	1	5kg	
FFP241	Prep Potatoes Small Diced	1	Per Kg	

CHIPS

FFP230	Prep Chunky	1	5kg
FFP231	Prep Skinny	1	5kg
FFP232	Prep Steak	1	5kg
FFP233	Prep Square Cut	1	5kg
FFP234	French Fries Skin On	1	5kg

*How about
condiments?
See page 124-128*



D FFP051 Sliced Potatoes



E FFP052 Whole Potatoes



FRUIT

FRESH APPLES

		Case size	Unit	Split
FFM001	Braeburn	1	13kg	
FFM002	Braeburn	1	Per Kg	
FFM010	Bramley (Cooking)	1	Per Kg	
FFM005	Golden	1	13kg	
A FFM006	Golden	1	Per Kg	
FFM007	Granny	1	13kg	
FFM008	Granny	1	Per Kg	

FRESH PEARS

FFM090	Pears	1	10kg	
B FFM092	Pears	1	Per Kg	

PINEAPPLES

C FFM107	Pineapples	10	Each	✓
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A FFM006 Golden Apple



G FFM140 Strawberries



B FFM092 Pears



D FFM081 Blackberries



E FFM084 Blueberries



F FFM073 Raspberries

RHUBARB

FFM121	Rhubarb Seasonal		Per Kg	
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FRESH SOFT FRUITS

D FFM081	Blackberries	16	125g	✓
E FFM084	Blueberries	8	125g	✓
FFM079	Grapes Black	1	4.5kg	
FFM080	Grapes Black	1	Per Kg	
FFM077	Grapes Green	1	4.5kg	
FFM078	Grapes Green	1	Per Kg	
FFM094	Kiwi Fruit	27	Each	✓
FFM088	Plums	1	5kg	
FFM089	Plums	1	Per Kg	
F FFM073	Raspberries	8	125g	✓
FFM114	Red Currants	12	125g	✓
FFM096	Peaches	24	Each	✓
FFM101	Nectarines	36	Each	✓
G FFM140	Strawberries	8	250s	✓
FFM087	Cherries	1	Per Kg	✓
H FFM115	Pommegranites	10	Each	✓
FFM117	Kumquat	1	1kg	



C FFM107 Pineapples



H FFM115 Pommegranites

FRESH FRUIT & VEGETABLES

		Case size	Unit	Split	
FRESH FRUITS OTHER					
A	FFM110	Figs	24	Each	✓
H	FFM100	Mangoes	10	Each	✓
	FFM103	Passion Fruit	48	Each	✓
J	FFM105	Paw Paw	10	Each	✓
K	FFM109	Physallis	12	Each	✓
B	FFM108	Starfruit	24	Each	✓
	FFM111	Watermelon	1	Each	
	FFM112	Bananas	1	18kg	
C	FFM113	Bananas Loose	1	Per Kg	
D	FFV202	Avacado	16	Each	✓
	FFM200	Dragon Fruit	6	Each	✓

FRESH MELONS

I	FFM034	Melon Galia	7	Each	✓
E	FFM030	Melon Honeydew	10	Each	✓
	FFM042	Melon Canterloop	10	Each	✓
	FFM111	Watermelon	1	Each	



A FFM110 Figs



C FFM113 Bananas Loose



D FFV202 Avacado



E FFM030 Melon Honeydew

		Case size	Unit	Split	
FRESH CITRUS FRUITS					
	FFM065	Grapefruits	36	Each	✓
	FFM069	Grapefruits Red	36	Each	✓
F	FFM051	Lemons	30	Each	✓
	FFM057	Limes	54	Each	✓
	FFM061	Orange Large	48	Each	✓
G	FFM060	Orange Medium	72	Each	✓
	FFM063	Satsuma	80	Each	✓



F FFM051 Lemons



B FFM108 Starfruit



H FFM100 Mangoes



I FFM034 Melon Galia



G FFM060 Orange Medium



J FFM105 Paw Paw



K FFM109 Physallis